

Management of Advanced PCa in Senior Adults: the new mCRPC Landscape

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Management of advanced PCa: specific considerations for senior adults (1/4)

- First-line androgen deprivation therapy
- First-line chemotherapy
- Progression after first-line docetaxel
- Palliative therapy for bone metastases

Management of advanced prostate cancer: Specific considerations for senior adults (1)

First-line ADT monotherapy is the standard of care

- Maximum androgen blockade results in a small advantage in OS, which is not clinically relevant
- Maximum androgen blockade has significant effects on QoL

Prostate Cancer Trialists Collaborative Group. Lancet 2000;355:1491-8
OS: overall survival, QoL: quality of life

Androgen deprivation therapy: adverse events

- Bone loss with increased risk of fracture^{1,2}
- Increased risk of diabetes³
- Increased risk of fatal cardiac events⁴⁻⁶

❖ Baseline bone density
❖ Prevent risk of osteoporosis

Caution in patients with:

- ❖ History of stroke
- ❖ Chronic heart failure
- ❖ Myocardial infarction

LESS IS BETTER!

1. Daniell et al. J Urol 1999;162:433-44
2. Shattinon VB et al. N Engl J Med 2005;252:154-64
3. Keating NL et al. J Clin Oncol 2006;24:4448-56
4. D'Amico et al. J Clin Oncol 2007;25:2420-25
5. Hayes et al. BJU Int 2010;106:979-83
6. Nguyen et al. Int J Radiat Oncol Biol Phys 2012;82:1411-6

Management of advanced PCa: Specific considerations for senior adults (2/4)

- First-line androgen deprivation therapy
- First-line chemotherapy
 - ❖ Docetaxel is the standard of care
 - ❖ Provides survival advantage in older men¹
 - ❖ Weekly regimen for frail patients²
- Progression after first-line docetaxel
- Palliative therapy for bone metastases

1. Berthold D et al. J Clin Oncol 2008;26:242-5
2. Droz JP et al. BJU Int 2010;106:462-9

Docetaxel: survival benefit by age (TAX 327)

Hazard ratio in favour of Docetaxel Mitoxantrone

ASCO 2011

- In men ≥ 75 years, docetaxel q3w & q1w resulted in more dose reductions and discontinuations for adverse events than mitoxantrone
- BUT trend to better improvement in QoL, tumour response and survival with docetaxel q3w

Tannock IF et al. N Engl J Med 2004;351:1502-12
Seruga B et al. ASCO 2011 (abstract 4530)
QoL: quality of life

MATuRITY: Prospective registry in men aged 70+ with mCRPC

At 6 months	Docetaxel [†] (N=140)	Non-taxane [‡] (N=193)	P
OS rate	91%	81%	0.027
PFS	66%	50%	<0.001
Best clinical benefit	60%	36%	<0.001
PSA \geq 50%	52.5%	37.4%	0.018

[†]75mg/m² q3w in 83.9% of cases
[‡]Hormonal manipulations or non-taxane chemotherapy

Docetaxel Grade \geq 3 toxicity	%
Fatigue	17.1%
Nausea/vomiting	14%
Neutropenia	9.8%
Febrile neutropenia	2.6%
Sensory neuropathy	9.3%
Diarrhea	8.8%
Anemia	7.8%
Loss of appetite	7.3%
Nail change	6.7%

Droz JP et al. ESMO 2012;Poster 934P

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Weekly docetaxel plus prednisolone is superior to prednisolone alone in mCRPC

	Docetaxel weekly + Prednisolone	Prednisolone
PFS (median) [95% CI]	11 months [5.8–16.2]	4 months [2.4–5.6]
OS (median) [95% CI]	27 months [19.8–34.2]	18 months [15.2–20.8]
Survival rate (%)		
– 1-year	92%	67%
– 2-year	61%	29%
12-week PSA response rate	69%	36%
QoL improvement		
– Physical function	27%	3%
– Pain	52%	16%
– Fatigue	38%	29%
– Nausea/vomiting	17%	8%
– Global QoL	27%	16%

Toxic outcomes	N
Gastrointestinal: grade \geq 2	
Nausea	4
Vomiting	1
Diarrhoea	5
Other/Constitutional: grade \geq 2	
Nail changes	27
Alopecia	9
Conjunctivitis/tearing	8
Fatigue/Anorexia	6
Peripheral neuropathy	5
Atrial flutter	4
Fluid retention	4

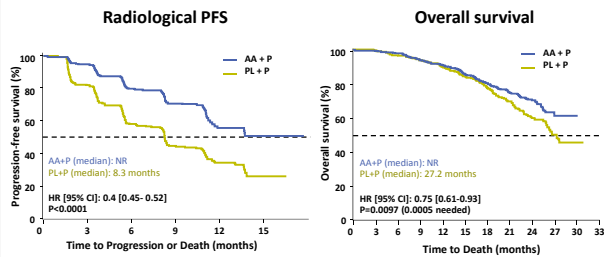
- Median age 70 years
- No cross-over

Fossa SD et al. Eur Urol 2007;52:1691–9

mCRPC: metastatic castrate-resistant prostate cancer; OS: overall survival; PFS: progression-free survival; QoL: quality of life.

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Abiraterone in chemo-naïve patients: an option if approved by regulatory authorities



Ryan et al. ASCO 2012;Abstract LBA4518

AA: abiraterone acetate; PL: placebo; P: prednisone; PFS: progression-free survival

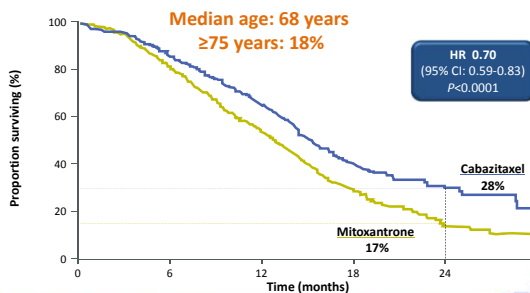
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Management of advanced PCa: specific considerations for senior adults (3/4)

- First-line androgen deprivation therapy
- First-line chemotherapy
- Progression after first-line docetaxel
- Palliative therapy for bone metastases

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Cabazitaxel significantly improves overall survival vs mitoxantrone (TROPIC)



de Bono JS et al. Lancet 2010;376:1147–54

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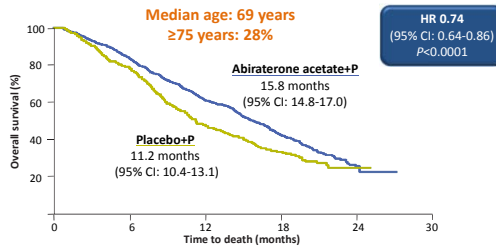
TROPIC: Survival not influenced by age

	N	Favors cabazitaxel	Favors placebo	HR (95% CI)
All randomized patients	755			0.70 (0.59–0.83)
ECOG status: 0,1	694			0.68 (0.57–0.82)
ECOG status: 2	61			0.81 (0.48–1.38)
Measurable disease: no	350			0.72 (0.55–0.93)
Measurable disease: yes	405			0.68 (0.54–0.85)
Number of previous chemotherapies: 1	528			0.67 (0.55–0.83)
Number of previous chemotherapies: \geq 2	227			0.75 (0.55–1.02)
Age<65 years	295			0.81 (0.61–1.08)
Age \geq 65 years	460			0.62 (0.50–0.78)
Pain at baseline: no	314			0.57 (0.43–0.77)
Pain at baseline: yes	310			0.76 (0.59–0.98)
Rising PSA at baseline: no	159			0.88 (0.61–1.26)
Rising PSA at baseline: yes	583			0.65 (0.53–0.80)
Progression during docetaxel treatment	219			0.65 (0.47–0.90)
Progression <3 months after docetaxel	339			0.70 (0.55–0.91)
Progression \geq 3 months after docetaxel	192			0.75 (0.51–1.11)

de Bono et al. Lancet 2010;376:1147–54
 ECOG: Eastern Cooperative Oncology Group

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Abiraterone significantly improves overall survival vs placebo (COU-AA-301)



Fizazi K et al. Lancet Oncol 2012;13(10):983-92
P: placebo; HR: hazard ratio; CI: confidence interval

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COU-AA-301: Survival not influenced by age

Subgroup	AA+P Median (mo)	Placebo+P Median (mo)	Favors AA+P	Favors Placebo+P	HR (95% CI)
Baseline ECOG PS*	0-1 2	17.0 7.3			0.74 (0.63-0.88) 0.77 (0.50-1.17)
Baseline BPI-SF score*	<4 ≥4	18.4 13.3			0.69 (0.56-0.85) 0.78 (0.63-0.96)
Number of CT regimens*	1 2	17.1 14.2			0.71 (0.59-0.85) 0.80 (0.61-1.03)
Type of progression*	PSA only Radiographic†	18.3 14.8			0.63 (0.47-0.84) 0.78 (0.65-0.93)
Age (years)	<65 ≥65 ≥75	15.0 16.2 15.6			0.69 (0.53-0.91) 0.76 (0.63-0.90) 0.64 (0.48-0.85)
Visceral disease at entry	Yes No	12.9 17.1			0.79 (0.59-1.05) 0.69 (0.58-0.82)
Baseline PSA >median	Yes No	13.6 18.2			0.65 (0.53-0.79) 0.79 (0.63-0.99)
Baseline LDH >median	Yes No	10.4 20.8			0.77 (0.63-0.95) 0.75 (0.59-0.98)
Baseline ALK-P >median	Yes No	12.4 19.5			0.60 (0.50-0.74) 0.88 (0.69-1.12)

Fizazi K et al. Lancet Oncol 2012, epub ahead of print
BPI-SF: Brief Pain Inventory - Short Form; CI: confidence interval; ECOG: Eastern Cooperative Oncology Group; LDH: lactate dehydrogenase; OS: overall survival; PSA: prostate-specific antigen

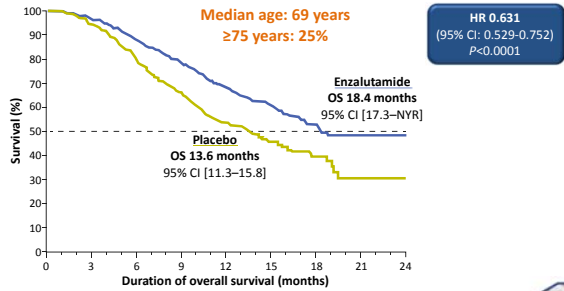
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Specific considerations for senior adults in patients with VERY advanced disease

- | | |
|--|---|
| <p>Cabazitaxel</p> <ul style="list-style-type: none"> Increased risk of febrile neutropenia (7.5 vs 1.3%) <ul style="list-style-type: none"> Primary prophylaxis with G-CSF recommended in patients aged > 65 years and/or advanced disease (EORTC guidelines) Diarrhoea (6.5 vs 0.3%, grade ≥ 3) <ul style="list-style-type: none"> Rehydration with antidiarrheals (as needed) | <p>Abiraterone</p> <ul style="list-style-type: none"> Hypokalaemia, hypertension & fluid retention due to mineralocorticoid excess <ul style="list-style-type: none"> Use with caution in patients with cardiovascular diseases Adrenocortical insufficiency <ul style="list-style-type: none"> Caution after interruption of daily steroids and/or concurrent infection or stress Hepatotoxicity <ul style="list-style-type: none"> Monitor liver function |
|--|---|

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AFFIRM: enzalutamide improves overall survival vs placebo after docetaxel



Scher HI et al. ASCO GU 2012; Abstract LBA1
NVR: not yet reached; OS: overall survival

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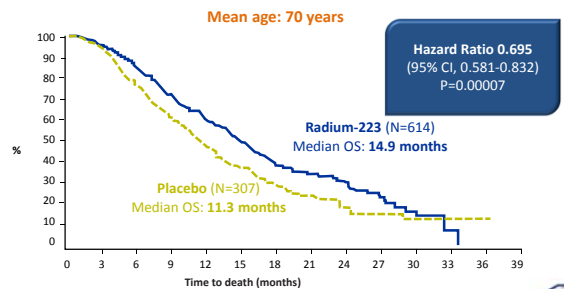
AFFIRM: Survival not influenced by age

Subgroup	Favors Enzalutamide	Favors Placebo	HR for death (95% CI)	Median OS (months) Enzalutamide/Placebo
All subjects			0.63 (0.53-0.75)	18.4/13.6
Age (years)	<65 >65		0.63 (0.46-0.87) 0.63 (0.51-0.78)	-/12.6 18.4/13.9
Baseline ECOG PS score	0-1 2		0.62 (0.52-0.75) 0.65 (0.51-0.78)	-/14.2 10.5/7.2
Baseline mean pain score on BPI-SF	<4 ≥4		0.59 (0.47-0.74) 0.71 (0.54-0.94)	-/16.2 12.4/9.1
Geographic region	North America Other		0.63 (0.47-0.83) 0.64 (0.51-0.80)	17.4/12/3 -/14.4
Number of prior chemotherapy regimens	1 ≥2		0.59 (0.48-0.73) 0.74 (0.54-1.03)	-/14.2 15.9/12.3
Type of progression at study entry	PSA only PSA ± Radiographic		0.62 (0.46-0.83) 0.64 (0.52-0.80)	-/19.5 17.3/13.0
Baseline value >median value	PSA LDH		0.62 (0.50-0.78) 0.61 (0.50-0.76)	15.3/10.3 12.4/8.5

Scher HI et al. J Clin Oncol 2012;30(Suppl 5):Abstract LBA1 [presented at ASCO]
BPI-SF: Brief Pain Inventory - Short Form; CI: confidence interval; ECOG: Eastern Cooperative Oncology Group; LDH: lactate dehydrogenase; OS: overall survival; PSA: prostate-specific antigen

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ALFSYMPCA: Radium-223 improves survival vs placebo post-docetaxel



Parker C et al. ASCO 2012 (LBA 4512)

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Which drug for which patient?

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Short response to first-line ADT predicts poor response to abiraterone & enzalutamide

- 108 mCRPC patients after failure of primary ADT
- Treated with secondary hormonal manipulations: abiraterone, DES, ketoconazole, enzalutamide
- Median duration of response to primary ADT: 16 mo [0-118]

Duration of response to ADT	≥16 mo	<16 mo	P value
PSA response	58%	18%	0.01
PFS rate (median)	5 mo	3 mo	<0.043

Loriot Y & Fizazi K. J Clin Oncol 2012;30(Suppl 5):Abstract 213

TROPIC: Cabazitaxel improves survival whatever the duration of prior ADT

Duration of ADT	Cabazitaxel (N)	Mitoxantrone (N)	P-value
<2.5 years	101	114	0.015
2.5-5 years	136	137	0.03
≥5 years	133	111	0.02
Overall	378	377	<0.0001

Oudard S et al. ESMO 2012;Poster 933P

French ATU: Poor response to abiraterone in patients with high Gleason score

- Abiraterone French ATU program (post-docetaxel setting)
- 408 mCRPC patients enrolled in 19 centers
- Gleason 8-10: 51.2% at diagnosis

- Independent predictive factors of poor response to Abiraterone:
 - ❖ Gleason score 8-10
 - ❖ Number of chemotherapy lines (>1)

Azzia D et al. J Clin Oncol 2012;30 (Suppl 5):abstract 149
ATU: French 'temporary authorization for use'

TROPIC: Cabazitaxel improves survival whatever the tumor grade

Tumor Grade	Cabazitaxel (N)	Mitoxantrone (N)	P-value
Well/moderately differentiated	105	109	0.56
Poorly differentiated	226	211	<0.0001
Overall	378	377	<0.0001

Oudard S et al. ESMO 2012;Poster 933P

Docetaxel discontinuation for disease progression

Cabazitaxel

Significantly improves OS¹

Abiraterone

Poorer response^{2?}

Parameter	MP	Cup
Median OS, months	15.9	13.8
Hazard ratio (95% CI)	0.70	(0.57-0.87)

- 44 mCRPC patients treated with first-line docetaxel followed by abiraterone
- 7/44 patients refractory to docetaxel
- 0/7 had subsequent PSA, radiological or clinical response to abiraterone

1. de Bono JS et al. Lancet 2010;376:1147-54
2. Muckerjee et al. J Clin Oncol 2012;30(Suppl 5):Abstract 17
mCRPC: metastatic castrate-resistant prostate cancer; OS: overall survival

Management of advanced PCa: specific considerations for senior adults (4/4)

- First-line androgen deprivation therapy
- First-line chemotherapy
- Progression after first-line docetaxel
- Palliative therapy for bone metastases
 - ❖ Zoledronic acid
 - ❖ Denosumab
 - ❖ Radiation therapy
 - ❖ Experimental radiopharmaceutical: alpharadin

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SIOG recommendations for senior adults

Extended version¹ → **Background for the proposal of SIOG guidelines for the management of prostate cancer in senior adults**

Jean-Pierre Droz^{1,2*}, Lodovico Balducci³, Michel Bolla⁴, Mark Emberton⁵, John M. Fitzpatrick⁶, Steven Joniau⁷, Michael W. Kattan⁸, Silvio Montardini⁹, Judd W. Moul¹⁰, Arash Naeim¹¹, Hendrik van Poppel¹², Fred Saad¹³, Cora N. Sternberg¹⁴

Short version² → **Management of prostate cancer in older men: recommendations of a working group of the International Society of Geriatric Oncology**

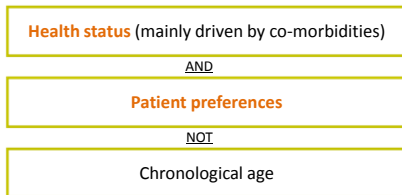
Jean-Pierre Droz¹, Lodovico Balducci², Michel Bolla³, Mark Emberton⁴, John M. Fitzpatrick⁵, Steven Joniau⁶, Michael W. Kattan⁷, Silvio Montardini⁸, Judd W. Moul⁹, Arash Naeim¹⁰, Hendrik van Poppel¹¹ and Cora N. Sternberg¹²

1. Droz JP et al. Crit Rev Oncol Hematol 2010;73:61-91
2. Droz JP et al. BJU Int 2010;106:462-9

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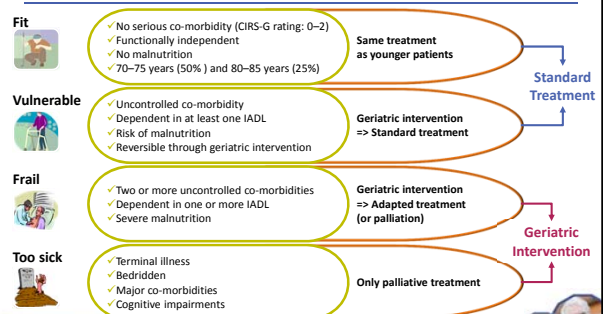
SIOG recommendations for senior adults

- Treatment recommendations for older men with prostate cancer should be based on:



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Treatment should be adapted to health status



Droz JP et al. Crit Rev Oncol Hematol 2010;73:61-91
Droz JP et al. BJU Int 2010;106:462-9
CIRS-G: cumulative illness rating scale-geriatrics; IADL: instrumental activities of daily living

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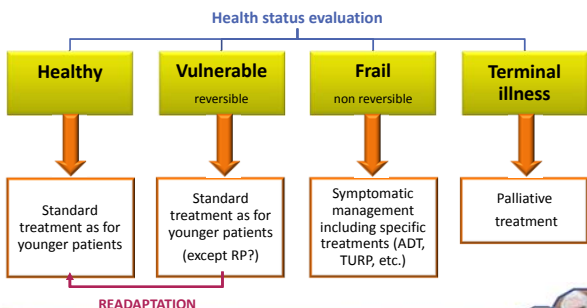
SIOG recommendations for senior adults with PCa

- The urological approach in senior adults should be the same as in younger patients
- Adapt international guidelines (EAU, ESMO, AUA, etc.) to patient health status
 - ❖ Scientifically established national guidelines are also valid

Droz JP et al. Crit Rev Oncol Hematol 2010;73:61-91
Droz JP et al. BJU Int 2010;106:462-9
PCa: prostate cancer

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Guidelines for localized PCa



Droz JP et al. Crit Rev Oncol Hematol 2010;73:61-91
Droz JP et al. BJU Int 2010;106:462-9

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