G8 questionnaire

| | Items | Possible answers (score) |
|---|--|---|
| A | Has food intake declined over the past 3 months due to loss of appetite, digestive problems, chewing or swallowing | 0 : severe decrease in food intake |
| | | 1 : moderate decrease in food intake |
| | difficulties? | 2 : no decrease in food intake |
| | | 0 : weight loss > 3 kg |
| В | Weight loss during the last 3 months | 1 : does not know |
| | | 2 : weight loss between 1 and 3 kgs |
| | | 3 : no weight loss |
| С | Mobility | 0 : bed or chair bound |
| | | 1 : able to get out of bed/chair but does |
| | 1 losinicy | not go out |
| | | 2 : goes out |
| _ | | 0 : severe dementia or depression |
| E | Neuropsychological problems | 1 : mild dementia or depression |
| | | 2 : no psychological problems |
| | D 14 T (DMT () 1) (| 0 : BMI < 19 |
| F | Body Mass Index (BMI (weight in kg) / | 1 : BMI = 19 to BMI < 21 |
| | (height in m²) | 2 : BMI = 21 to BMI < 23 |
| | | 3 : BMI = 23 and > 23 |
| Н | Takes more than 3 medications per day | 0 : yes |
| | | 1 : no |
| P | In comparison with other people of the same age, how does the patient consider his/her health status? | 0 : not as good |
| | | 0.5 : does not know |
| | | 1 : as good 2 : better |
| | Age | 0 : >85 |
| | Aye | 1:80-85 |
| | | 2: <80 |
| | TOTAL SCORE | 0 - 17 |
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